



# Lourdes HIGH SCHOOL

November 2011 Volume 34 No. 4

# MIRROR

## Inside this Issue

- P. 1 Principal's Greeting
- P. 2 Report Card news
- P. 2 Academic Eligibility
- P. 2 All School & ACT/ SAT Test Information
- P. 2-3 Campus Ministry
- P. 3-4 Athletic Dept.
- P. 5 Europe 2012
- P. 5 Spring Musical
- P. 5 Fruit Sale
- P. 6 Spaghetti Dinner
- P. 6 Spirit Shop
- P. 6 Suicide Prevention Workshop
- P. 7 RCS Council
- P. 7 Hall of Fame

## Dear Parents and Friends of Lourdes,

Below is a summary for this past week's state tournament attendance process.

### Overview

Our Lourdes Eagles have had a very successful fall athletic season which led to participation in MSHSL state tournaments. This kind of success, however, can impact teaching and learning when tournament games are scheduled during the school day. During the past few years we have tried to create processes and procedures that would allow attendance at tournament games for those who want to attend and continue to provide teaching and learning for those who want to be at school.

The most recent process and procedure we used was communicated as follows:

*Students are encouraged to support and cheer on their classmates and will be excused from school with expressed permission from a parent/guardian. Parents should send a signed note or call the front office to excuse their students. Should our teams advance, expressed consent is required for each subsequent event in which a Lourdes team participates. Students are responsible for any work they miss during the excused absence. Thank you for your cooperation.*

Parents and students followed this process well and over 390 students attended the tournaments held on Monday, October 31. But for those who chose to be at school the effectiveness of the teaching and learning provided was limited.

### Working with the Problem

Admittedly, we create a difficult situation for ourselves when we anticipate significant numbers of students will attend tournament play and then simultaneously expect to maintain a high quality learning day. To remedy the difficulty, people offer differing solutions, the most common being the closure of school altogether. But, that is not workable should even one tuition paying family prefer to be at school.

I sent the following email to the Lourdes teachers outlining this problem and offered some solutions. The email read:

*We are expecting a significant number of students to attend the state soccer games on Monday. This raises the following problems:*

1. *A small group of students will choose to remain at school who are deserving of a quality day of learning.*

2. *As teachers it is difficult to provide quality teaching for 2 or 3 when you are used to a larger number.*
3. *The natural default in this situation is to convert classes into study halls.*
4. *There isn't a student on this planet who wants 20 mods of study hall.*

*Therefore, the best practice in this situation is to use your class time as office hours. That is, you would meet the needs of students by providing discussion questions, providing review, or conferencing to name a few.*

*There is an opportunity for instruction to the ones who remain in school.*

*Additional issues are:*

1. *Presuming all teachers have the option to go to the games, how are we going to cover classes for teachers who would like to attend? (Not everyone can. We need teachers in school to supervise students.)*
2. *Given the expectation above that students should be provided a quality day of learning, we cannot consolidate students into large study halls.*

*Therefore, our first step is ascertaining which of you would like to attend the game...no one will be allowed to attend without expressed written permission from me via email and CC to Anne for scheduling purposes.*

### A Snapshot of the Day and Moving Forward

Of those who chose to attend school there were many who did their best to make good use of the instructional day. However, several of the students who chose to be at school, later called their parents and requested permission to leave school and go home because, "*There was nothing going on at school.*"

A task force will be put together to review and discuss the processes and procedures that we will follow regarding attendance at tournament games. The task force will consist of a wide variety of stakeholders including teachers, parents, coaches, students, and others. The goal is to have a comprehensive process and procedure that we can utilize going forward that acknowledges divergent goals and best serves the needs of our students.

Sincerely,

Thomas J. Donlon, Principal

**GUIDANCE OFFICE**  
**Sarah Groven, Dean of Academics**



**Report Cards**

First quarter ends Friday, November 4th. There is no school November 11th. It is a teacher workday.

Students will receive their report cards in homeroom on November 10th. Although teachers evaluate students on their academic performance, it is worthwhile for parents to discuss academic achievement and progress with their child. Students who receive an incomplete in a course have two weeks to make up the missed work. These students may have to spend additional time before or after school to accomplish this. Students are expected to set a plan with their teachers to meet the deadline. Please notify me of any unusual circumstances, such as unexpected illness, so the time frame may be extended.

**Academic Eligibility**

Lourdes is a member of the Minnesota State High School League (MSHSL) and follows its rules and regulations for eligibility. **Students who have an F or an Incomplete at the end of a quarter are ineligible for athletic or activity contests, but remain eligible for practice.** Mr. Peters will notify parents, coaches, and advisors if a student is ineligible. After two full weeks, the student and I will meet to review his/her academic status.



**All School Testing**

All School Testing On October 12th, 9th, 10th, and 11th graders were tested at Lourdes. PLAN and PSAT results will be available in December.

	<b>Test Date</b>	<b>Registration Due</b>
ACT	December 10	November 4
SAT	December 3	November 8
	January 28	December 30

**Congratulations to our National Merit Letter Semi-Finalists:**  
Jacob Nordman, Michael Nowakowski, Victoria Smith and Emma Tschann.  
**Congratulations to our National Merit Letter of Commendation Recipients:**  
Molly Monk and Kiya Virgin

**KIWANIS AND ROTARY STUDENTS OF THE MONTH**  
Congratulations to Jacob Nordman, our Kiwanis Student of the Month for Science

**CAMPUS MINISTRY– ON A MISSION**  
**Rita Hendrickson– Director of Campus Ministries**

**Senior Day of Recollection: Companions on the Journey**

The Senior Retreat was held on Wednesday October 12 at Ironwood Springs Christian Ranch. We are grateful for our **Senior Presenters: Hannah Hughes and Caroline Simari, Faculty Presenters: Mr. Mike Mangan, Mr. Robert Gardner, Mrs. Lisa Goihl** for sharing their insights and reflections on the **theme of companions on the journey.**

We thank the **faculty guides during the day: Mrs. Wendt , Mrs. Goihl, Miss Pleskonko, and Father Thompson.** We were all blessed by having the opportunity to begin the day with a prayer walk, pancake breakfast, conversations, prayer experiences of mediation and song, as well as write letters of gratitude to our companions on our journey and to listen to each other during the day.

We thank students for their respectful participation in the day as well as the following students who were instrumental in smooth flow of the day.  
**Readers for prayer walk: Hannah Friedrich, Zach Shivers, Nick DiCecco, Michael Nowakowski, Catherine Cojocar, and Victoria Smith.**  
**Special thank you to prayer leaders: Molly Monk, TJ Benson, and Michael Nowakowski**  
**Bell ringers: Nora Laskowski and Erin Hennessey.**  
**Special thanks to the quartette that led our music: Sam Weigel, Emma Tschann, Jacob Nordman, Danielle Freetly.**  
**Special thanks also to Anna Glenski for her artistic creation of the paper weaving of memories of LHS.**

Thank you parents who made bars or cookies and a special thank you for donations for this day.



### **Outreach for Adopt a Family and Christmas Anonymous**

We will be adopting twenty five individuals through the Adopt-A-Family Christmas outreach program here in our own Rochester community.

We will also be participating in Christmas Anonymous program during the month of December. Students will be asked to donate between \$5.00-\$10.00 to collect in homerooms so that they can collectively purchase gifts that are on the needs lists of our individuals from the Adopt-A-Family outreach program. This will begin during the last week of November and the first two weeks of December.



### **Important Dates**

- Nov. 1 All Saint Day Mass at 8:05am  
Church of St. John the Evangelist
- Nov. 7-10 Senior Girls Kairos- Villa Maria
- Nov. 22, Thanksgiving Mass- 1:30pm, Church of St. John the Evangelist  
Presider- Father Thompson
- Nov. 29, 7:30 am Mass in the Lourdes Chapel with Eucharistic Adoration during the day and Benediction at the end of the

## **ATHLETIC/ACTIVITIES OFFICE** **Marv Peters, Activities Director/Assistant Principal**



**Thank You** to all who volunteered during the 2011 fall athletic season: the ticket sellers and takers, concession workers, press box personnel, the chain gang and the pre-game tailgating parents. Because of your dedication and generosity in volunteering your time, the fall season was once again a great success!

### **Reminders About Co-Op Sports:**

- Boys swimming, girls hockey, and boys wrestling must be done at John Marshall.
- Gymnastics registration is done through Byron H.S.
- Athletes need to pay the athletic fee (at the time of registration) and price per participant fee (billed at the end of the year) that is set forth by the corresponding co-op district.

### **Gold Cards for Winter Sports**

Registration for winter sports is November 7-10. Remember that your winter athlete **MUST** have a Gold Card for their winter sport **BEFORE** he/she can begin practice. If your athlete participated in a fall sport, he/she needs to stop in the Athletic Office and pay the athletic fee:

Boy's Basketball	\$115
Girl's Basketball	\$115
Danceline	\$115
Boy's Hockey	\$190

If this is your child's first sport, he/she must stop in the Athletic Office and pick up the necessary paperwork that needs to be completed. 1) A physical within the last three years, 2) the Minnesota State High School League eligibility form 3) and the fee must be on file in the Athletic Office in order to receive a Gold Card. Questions on the status of your child's physical can be directed to the Athletic Office by calling 289-3991 ext.130.

### **Starting Dates for Winter Sports**

Starting Dates for Winter Sports

Girls Hockey w/JM	Oct. 31
Alpine Skiing	Nov. 14
Girls Gymnastics w/Byron	Nov. 14
Boys Hockey	Nov. 14
Girls Basketball	Nov. 14
Boys Basketball	Nov. 21
Boys Wrestling w/JM	Nov. 21
Boys Swimming w/JM	Nov. 28



Get your season sports punch pass in the athletic office. \$25 for Students and \$35 for Adults. Passes are good for basketball and hockey home games!

### Important Dates...

#### NOVEMBER

1	Fall Sports Awards Program 6:30 p.m., Alumni Hall All Saint's Day, Mass, 8:05 am St. John's
5	Sci-Fi Club 4p-9p
6	Fall Choir Concert, St. John, 6:00
7-10	Girls Kairos Retreat
7	HVL Honors Choir-Pine Island 7pm
9	Freshmen & Sophomores, Mass, 12:00
11	NO SCHOOL (Teacher Work Day)
17,18,-20	Fall Play, Auditorium
22	Thanksgiving Mass, 1:30pm St. John the Evangelist Church
23-25	THANKSGIVING VACATION



### Winter Concession/Ticket Volunteers

Parent volunteers are extremely important to the success of Lourdes Athletics. Once again we will be asking parents to step-up and work at the winter home games selling tickets or working in concessions. Because of the extended season, many of you will be asked to work 3 or 4 games. Sign-up sheets will be available during your parent meeting.

*Don't have a child playing sports, but would like to be involved? Please call the Athletic Office at 289-3991, ext 130 to volunteer your time during our sporting events.*

**Attention parents of hockey players:** You will be asked to sign-up for a shift selling tickets at the home games. (We are not in charge of workers for concessions at hockey games.) A sign-up sheet will be available at your parent meeting.

## Lourdes Baseball Comedy Night 2011

Join Us for a Great Night of Comedy  
Featuring

Benny Ricardo with Special Guest Pete Borchers

**Saturday, November 26, 2011**  
**Rochester International Event Center**

6:45 PM Social Hour and Silent Auction  
(Cash bar and hors d'oeuvres)  
8:00 PM Show

Must be 21 or older to attend.

\$20/person

Prime tables for eight can be reserved for \$200.

For tickets, contact your favorite LHS Baseball player or  
Jerry Volcheck at [volcheck.gerald@mayo.edu](mailto:volcheck.gerald@mayo.edu) - 507-252-1680  
Tickets are also available at the Lourdes Athletic Office

**All proceeds benefit the LHS Baseball Program – Donations accepted.**



### *Thank You ...*

*Thanks to everyone who donated to the LHS Rummage Sale and to those who came to purchase. The sale was a great success due to all of you who support the school and its programs. Thank you for helping with the team fund raiser.*

*--- LHS Softball and Track Athletes and Parents*

**It's not too late to travel...but the deadline is approaching!**

Attention current juniors and parents of current juniors! Plans for the senior trip the summer of 2012 are well underway! Students who plan to travel next summer will experience the vibrant capital cities of **Paris and Madrid**.



**Key dates to note:**

Travel dates: 9 days the last part of June of 2012  
Fee increases: November 1, January 1 (affects travelers who sign up after these dates)  
Closing date to sign up: March 1

If you have considered letting your child experience this adventure with us, don't wait to sign up... the sooner the better so that the fees don't increase.

If you were unable to attend the previous meetings and are interested in more information about this trip, you are encouraged to contact Madame Wendt or Mrs. Falvey. You can also find information on the RCS webpage. Just click on the "Lourdes" tab and click "Europe Trips Info" in the left column. You can also enroll directly at [www.eftours.com/enroll](http://www.eftours.com/enroll). Our trip is **Paris & Madrid** June 2012 Tour # **1071770**.

**Due to circumstances beyond our control,  
we have had to change our choice of musical.**

**LHS SPRING 2012 ALL-SCHOOL MUSICAL**

**=Call Me, Madam=**

Words and Music by Irving Berlin

Book by Howard Lindsay and Russell Crouse

**May 2, 3, 4 & 6, 2012**

**When the President of the United States  
appoints a woman as  
ambassador to a small European country,  
comedy and romance begin.**

**Auditions will be held in January –  
watch for further announcements.**

**Questions or interest in assisting with the production?**

**Please contact [rspgardner](mailto:rspgardner@lhs.org) at LHS @ 289-3991 ext. 302**



**Music Department's Annual Fruit and Cheese Sale!!**

Start Your Holiday Shopping Early! It's time for the annual Fruit Sale!! The LHS Music Department Fruit and Cheese Sale will begin on Monday, October 24th and run through Monday, November 7th. This fund raiser supports the wonderful music programs we have at Lourdes.

The fruit is incredible and arrives just in time for your holiday gift giving! Do your shopping early, give a healthy gift, all while you help support the LHS Music Department! If you are a business owner consider giving your employees a great gift of fruit or meat & cheese. You may order from any band or choir student or check out the LHS Music Dept. web site <http://www.lhsmusic.org/>

Questions? Can't find a band or choir student to order from? Call Margaret Mulligan 280-6798, [mugsmulli@gmail.com](mailto:mugsmulli@gmail.com). Thank you in advance for supporting our awesome music program!!



**SAVE THE DATE:**

**OLD FASHIONED ITALIAN  
SPAGHETTI DINNER**  
benefitting the Senior Grad Party  
**JANUARY 14, 2012, 4:30-7:30**  
at **ST. PIUS FOUNDER'S HALL**



**\$CRIP NEWS:**

Don't forget to get your \$CRIP gift cards for your Holiday Shopping!  
Order online:  
[www.rcatholicscrip.org/order/](http://www.rcatholicscrip.org/order/)  
Office will be closed: Nov. 23-25.



**Student Directories are now available in the front office. The cost is \$3.00**

## Spirit Shop

Many thanks to those of you who have stopped by the Spirit Shop tables at the recent football games. The Spirit Shop will be open 4 Tuesdays in November, the 2nd, 9th, 16th and the 30th in the Spirit Shop Office located near the Center Street entrance of LHS from 2:45-3:30. Funds raised help support the Music Department with instrument maintenance and repair as well as transportation expenses. Your support is very much appreciated.

**GO EAGLES!!**



## SUICIDE PREVENTION TRAINING



This workshop will focus on how to recognize early warning signs of mental illness and suicide ideation in students. Tips for parents, teachers, and students on how to address the topic of suicide will be addressed. Community resource cards will be available to take as a handy reference guide. There is no cost for this workshop.

**Presenter: Andrea Thomas, Executive Director of NAMI Southeast MN, AAS School Suicide Prevention Specialist**

**When: Thursday, November 10<sup>th</sup> 6:30 - 7:30 p.m.**

**Where: Century High School Auditorium  
(2525 Viola Rd. NE, Rochester)**



For registration or questions please call Child Care Resource & Referral 507.287.2020 ext. 1321. Certificate of Attendance will be available.





### RCS Council Meeting

The Rochester Catholic Schools Council will hold its regular monthly meeting on Wednesday, November 16, at 7:00 pm in the Lourdes High School Auditorium.



## Lourdes Foundation Presents 5<sup>th</sup> Annual Lourdes High School Sports Hall of Fame and Athletic Fund Raiser

**Sunday, December 4, 2011**

**Rochester International Event Center  
5 p.m. Social Hour/Silent Auction, 6 p.m. Dinner**

*3 more of LHS finest Athletes and an LHS Coach are to be inducted into the LHS Sports Hall of Fame. They are:*



*Fall Season - Don Fox '54 (Football)*



*Winter Season - Steve Fritz '67- (Basketball)*



*Spring Season - Jim Griffin '57 (Track & Field)*



*Coach - Mike Carroll '69*

**AND**

**The State Championship  
1973 Boys AND Girls Basketball Teams  
will be honored**

*Tickets \$30 or Table of 8 for \$225  
**All Proceeds to Lourdes Athletics***

*Tickets available at Lourdes Foundation Office  
or website at [www.lourdesfoundation.org](http://www.lourdesfoundation.org)  
or at LHS Lourdes Athletic & Scrip Offices*

*If you are unable to attend, but would like to make a  
donation, please contact  
the Lourdes Foundation office at 507-289-2584*